**First Year MBBS**

**Batch 2021**

**Venue:** Lecture Theatre, Fourth Floor

**Time:** 1:30 p.m. to 4:30 p.m.

**Batch A:** Roll Nos. 21001 to 21050 **Batch B:** Roll Nos. 21051 to 21100

**Batch C:** Roll Nos. 21101 to 21150 **Batch D:** Roll Nos. 21151 to 21200

**Foundation Course**

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| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain**  **K/S/A/C** | **Level**  **K/KH/SH/P** | **Assessment** | **Teacher** |
| 3 hrs |  | National health Goals and Policies  National Health Scenario  Health care Delivery in India | FC 3.1  FC 3.2  FC 3.3 | L  L  L | K  K  K | KH  KH  KH | Reflection writing |  |
| 3 hrs |  | Batch A & B: Field Visit and discussion – Hospital  Batch C & D: Functioning of UHTC and RHTC orientation with discussion on basic principles of community health and its impact on Health. Followed by field visit to UHTC and Community – (4) Batches (Interchange) | FC 3.4 – 3.6 | DOAP | K | KH | Reflection writing |  |

**Teaching timetable**

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| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain**  **K/S/A/C** | **Level**  **K/KH/SH/P** | **Assessment** | **Teacher** |
| 06-06-22 | Mon | Concept of Public Health (L)  Concept of Health (L) | 1.1  1.2 | L  L | K  K | KH  KH |  |  |
| 07-06-22 | Tues | Epidemiological triad, Multifactorial causation of disease | 1.3 | L | K | KH |  |  |
| 08-06-22 | Wed | Natural history of disease & levels of prevention (200) (L)  SGT – Identification of multiple causative factor of 2 common diseases (Wards / OPD) – (4) Batches | 1.4, 1.5 | L  DOAP | K | KH |  |  |
| 09-06-22 | Thurs | Health Education, IEC, BCC with their advantages and limitations  Methods of organising health promotion and education and counselling activities at individual, family and community settings | 4.1 and 1.6  4.2 | L  L | K  K | KH  KH |  |  |
| 10-06-22 | Fri | Common Nutritional Deficiency Disease – Epidemiology, prevention and control (200) (L) | 5.3 | L | K | KH |  |  |
| 13-06-22 | Mon | Organization of Health Education activity in OPD premises  Improving Communication, barrier in communication Integration with AETCOM module 1.4- GD – (4) Batches | 1.9 | DOAP | S | SH |  |  |
| 14-06-22 | Tues | **Batch A:** Common sources of various nutrients. Demonstration of foods we eat and their nutritive values  **Batch B:** Demographic profile in India. Current national / State level status of health indicators  Exercise on calculation of demographic indicators and fertility rates  **Batch C:** Evaluation of Health promotion and education Program – Discussion on examples of IEC  **Batch D:** Indicators of Health (L)  Exercise on calculation of health indicators | 5.1  1.8  4.3  1.7 | SGT  SGT  DOAP  SGT | K  K  S  K | KH  KH  SH  KH |  |  |
| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain**  **K/S/A/C** | **Level**  **K/KH/SH/P** | **Assessment** | **Teacher** |
| 15-06-22 | Wed | **Batch A:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition  SDL – Food custom in families (OPD) patient / relative  **Batch B:** Common sources of various nutrients (L)  Demonstration of foods we eat and their nutritive values – in museum  **Batch C:** Demographic profile in India. Current national / State level status of health indicators  Exercise on calculation of demographic indicators and fertility rates  **Batch D:** Evaluation of Health promotion and education Program – Discussion on examples of IEC | 5.4  5.1  1.8  4.3 | DOAP  SGT  SGT  DOAP | S  K  K  S | SH  KH  KH  SH |  |  |
| 16-06-22 | Thurs | **Batch A:** Nutritional Assessment at individual level – DOAP  Nutritional Assessment at family / Community level – Exercise  **Batch B:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition  SDL – Food custom in families (OPD) patient / relative  **Batch C:** Common sources of various nutrients (L)  Demonstration of foods we eat and their nutritive values – in museum  **Batch D:** Demographic profile in India. Current national / State level status of health indicators  Exercise on calculation of demographic indicators and fertility rates | 5.2  5.4  5.1  1.8 | DOAP  DOAP  SGT  SGT | S  S  K  K | SH  SH  KH  KH |  |  |
| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain**  **K/S/A/C** | **Level**  **K/KH/SH/P** | **Assessment** | **Teacher** |
| 17-06-22 | Fri | **Batch A:** Nutrition Education – Demonstration (4) Batches  **Batch B:** Nutritional Assessment at individual level – DOAP  Nutritional Assessment at family / Community level – Exercise  **Batch C:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition  SDL – Food custom in families (OPD) patient / relative  **Batch D:** Common sources of various nutrients (L)  Demonstration of foods we eat and their nutritive values – in museum | 5.3  5.2  5.4  5.1 | DOAP  DOAP  DOAP  SGT | S  S  S  K | SH  SH  SH  KH |  |  |
| 20-06-22 | Mon | **Batch A:** Indicators of Health (L)  Exercise on calculation of health indicators  **Batch B:** Nutrition Education – Demonstration  **Batch C:** Nutritional Assessment at individual level – DOAP  Nutritional Assessment at family / Community level – Exercise  **Batch D:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition  SDL – Food custom in families (OPD) patient / relative | 1.7  5.3  5.2  5.4 | SGT  DOAP  DOAP  DOAP | K  S  S  S | KH  SH  SH  SH |  |  |
| 21-06-22 | Tues | **Batch A:** Evaluation of Health promotion and education Program – Discussion on examples of IEC  **Batch B:** Indicators of Health (L)  Exercise on calculation of health indicators  **Batch C:** Nutrition Education – Demonstration  **Batch D:** Nutritional Assessment at individual level – DOAP  Nutritional Assessment at family / Community level – Exercise | 4.3  1.7  5.3  5.2 | DOAP  SGT  DOAP  DOAP | S  K  S  S | SH  KH  SH  SH |  |  |
| 23-06-22 | Thur | **Batch A:** Demographic profile in India. Current national / State level status of health indicators  Exercise on calculation of demographic indicators and fertility rates **Batch B:** Evaluation of Health promotion and education Program – Discussion on examples of IEC  **Batch C:** Indicators of Health (L)  Exercise on calculation of health indicators  **Batch D:** Nutrition Education – Demonstration (4) Batches | 1.8  4.3  1.7  5.3 | SGT  DOAP  SGT  DOAP | K  S  K  S | KH  SH  KH  SH |  |  |
| 24-06-2022  3 hrs | Fri | Demonstrate the important aspects of Doctor patient relationship – Role play (1 hr) - Integration with AETCOM module 1.3 (4) Batches  Group discussion on the topic (2 hrs) | 1.10 | DOAP  SDL | S | SH | Skill Assessment |  |
| 11-06-2022  3 hrs | Sat | Nutritional Rehabilitation centre – Video (200)  Nutritional surveillance and rehabilitation (200) (L) | 5.5 | L  L | K  K | KH  KH |  |  |
| 25-06-2022  1 hour | Sat | National Nutrition policy & National Nutrition programme (200) (L) (Vertical Integration with Pediatrics ICDS) | 5.6 | L | K | KH |  |  |
| 22-06-2022  3 hrs | Wed | Food hygiene and Food adulteration (200) (L)  Food fortification and Food additives (200) (L) | 5.8 | L  L | K  K | KH  KH |  |  |
| 18-06-2022  3 hrs | Sat | Seminar on Census of India | 1.8 | SDL | K | KH |  |  |

**Foundation Course – 6 hrs (Curtailed – requirement = 8 hrs)**

**Professional Year I - Lectures: 20hrs, SGT/Tutorials/Integrated Learning/Practicals: 27 hrs, SDL:5 hrs**

**Prof and Head**

**Dept. of Community Medicine**