**First Year MBBS**

**Batch 2021**

**Venue:** Lecture Theatre, Fourth Floor

**Time:** 1:30 p.m. to 4:30 p.m.

**Batch A:** Roll Nos. 21001 to 21050 **Batch B:** Roll Nos. 21051 to 21100

**Batch C:** Roll Nos. 21101 to 21150 **Batch D:** Roll Nos. 21151 to 21200

**Foundation Course**

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| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain** **K/S/A/C** | **Level****K/KH/SH/P** | **Assessment** | **Teacher** |
| 3 hrs |  | National health Goals and Policies National Health ScenarioHealth care Delivery in India | FC 3.1FC 3.2FC 3.3 | LLL | KKK | KHKHKH | Reflection writing |  |
| 3 hrs |  | Batch A & B: Field Visit and discussion – HospitalBatch C & D: Functioning of UHTC and RHTC orientation with discussion on basic principles of community health and its impact on Health. Followed by field visit to UHTC and Community – (4) Batches (Interchange) | FC 3.4 – 3.6 | DOAP | K | KH | Reflection writing |  |

**Teaching timetable**

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| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain** **K/S/A/C** | **Level****K/KH/SH/P** | **Assessment** | **Teacher** |
| 06-06-22 | Mon | Concept of Public Health (L)Concept of Health (L)  | 1.11.2 | LL | KK | KHKH |  |  |
| 07-06-22 | Tues | Epidemiological triad, Multifactorial causation of disease  | 1.3 | L | K | KH |  |  |
| 08-06-22 | Wed | Natural history of disease & levels of prevention (200) (L) SGT – Identification of multiple causative factor of 2 common diseases (Wards / OPD) – (4) Batches | 1.4, 1.5 | LDOAP | K | KH |  |  |
| 09-06-22 | Thurs | Health Education, IEC, BCC with their advantages and limitationsMethods of organising health promotion and education and counselling activities at individual, family and community settings | 4.1 and 1.64.2 | LL | KK | KHKH |  |  |
| 10-06-22 | Fri | Common Nutritional Deficiency Disease – Epidemiology, prevention and control (200) (L) | 5.3 | L | K | KH |  |  |
| 13-06-22 | Mon | Organization of Health Education activity in OPD premisesImproving Communication, barrier in communication Integration with AETCOM module 1.4- GD – (4) Batches | 1.9 | DOAP | S | SH |  |  |
| 14-06-22 | Tues | **Batch A:** Common sources of various nutrients. Demonstration of foods we eat and their nutritive values**Batch B:** Demographic profile in India. Current national / State level status of health indicatorsExercise on calculation of demographic indicators and fertility rates**Batch C:** Evaluation of Health promotion and education Program – Discussion on examples of IEC**Batch D:** Indicators of Health (L)Exercise on calculation of health indicators | 5.11.84.31.7 | SGTSGTDOAPSGT | KKSK | KHKHSHKH |  |  |
| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain** **K/S/A/C** | **Level****K/KH/SH/P** | **Assessment** | **Teacher** |
| 15-06-22 | Wed | **Batch A:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition SDL – Food custom in families (OPD) patient / relative**Batch B:** Common sources of various nutrients (L)Demonstration of foods we eat and their nutritive values – in museum**Batch C:** Demographic profile in India. Current national / State level status of health indicatorsExercise on calculation of demographic indicators and fertility rates**Batch D:** Evaluation of Health promotion and education Program – Discussion on examples of IEC | 5.45.11.84.3 | DOAPSGTSGTDOAP | SKKS | SHKHKHSH |  |  |
| 16-06-22 | Thurs | **Batch A:** Nutritional Assessment at individual level – DOAP Nutritional Assessment at family / Community level – Exercise**Batch B:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition SDL – Food custom in families (OPD) patient / relative**Batch C:** Common sources of various nutrients (L)Demonstration of foods we eat and their nutritive values – in museum**Batch D:** Demographic profile in India. Current national / State level status of health indicatorsExercise on calculation of demographic indicators and fertility rates | 5.25.45.11.8 | DOAPDOAPSGTSGT | SSKK | SHSHKHKH |  |  |
| **Date** | **Day** | **Topic** | **Competency No** | **TL method** | **Domain** **K/S/A/C** | **Level****K/KH/SH/P** | **Assessment** | **Teacher** |
| 17-06-22 | Fri | **Batch A:** Nutrition Education – Demonstration (4) Batches**Batch B:** Nutritional Assessment at individual level – DOAP Nutritional Assessment at family / Community level – Exercise**Batch C:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition SDL – Food custom in families (OPD) patient / relative**Batch D:** Common sources of various nutrients (L)Demonstration of foods we eat and their nutritive values – in museum | 5.35.25.45.1 | DOAPDOAPDOAPSGT | SSSK | SHSHSHKH |  |  |
| 20-06-22 | Mon | **Batch A:** Indicators of Health (L)Exercise on calculation of health indicators**Batch B:** Nutrition Education – Demonstration**Batch C:** Nutritional Assessment at individual level – DOAP Nutritional Assessment at family / Community level – Exercise**Batch D:** Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition SDL – Food custom in families (OPD) patient / relative | 1.75.35.25.4 | SGTDOAPDOAPDOAP | KSSS | KHSHSHSH |  |  |
| 21-06-22 | Tues | **Batch A:** Evaluation of Health promotion and education Program – Discussion on examples of IEC**Batch B:** Indicators of Health (L)Exercise on calculation of health indicators**Batch C:** Nutrition Education – Demonstration**Batch D:** Nutritional Assessment at individual level – DOAP Nutritional Assessment at family / Community level – Exercise | 4.31.75.35.2 | DOAPSGTDOAPDOAP | SKSS | SHKHSHSH |  |  |
| 23-06-22  | Thur | **Batch A:** Demographic profile in India. Current national / State level status of health indicatorsExercise on calculation of demographic indicators and fertility rates **Batch B:** Evaluation of Health promotion and education Program – Discussion on examples of IEC**Batch C:** Indicators of Health (L)Exercise on calculation of health indicators**Batch D:** Nutrition Education – Demonstration (4) Batches | 1.84.31.75.3 | SGTDOAPSGTDOAP | KSKS | KHSHKHSH |  |  |
| 24-06-20223 hrs | Fri | Demonstrate the important aspects of Doctor patient relationship – Role play (1 hr) - Integration with AETCOM module 1.3 (4) BatchesGroup discussion on the topic (2 hrs) | 1.10 | DOAPSDL | S | SH | Skill Assessment |  |
| 11-06-20223 hrs | Sat | Nutritional Rehabilitation centre – Video (200)Nutritional surveillance and rehabilitation (200) (L) | 5.5 | LL | KK | KHKH |  |  |
| 25-06-20221 hour | Sat | National Nutrition policy & National Nutrition programme (200) (L) (Vertical Integration with Pediatrics ICDS) | 5.6 | L | K | KH |  |  |
| 22-06-20223 hrs | Wed | Food hygiene and Food adulteration (200) (L)Food fortification and Food additives (200) (L) | 5.8 | LL | KK | KHKH |  |  |
| 18-06-20223 hrs | Sat | Seminar on Census of India | 1.8 | SDL | K | KH |  |  |

**Foundation Course – 6 hrs (Curtailed – requirement = 8 hrs)**

**Professional Year I - Lectures: 20hrs, SGT/Tutorials/Integrated Learning/Practicals: 27 hrs, SDL:5 hrs**

**Prof and Head**

**Dept. of Community Medicine**