

**DEPARTMENT OF ANATOMY
HBT MEDICAL COLLEGE & DR. R. N. COOPER HOSPITAL, MUMBAI**

**POST GRADUATION TIME TABLE
January 2024**

Day	8.30-10.30 AM	10.30-12.30PM Microteaching	1.30 -4.30 PM
01-01-24 Monday	Term 1 practical Exam	Term 1 practical Exam	Term 1 practical Exam
03-01-24 Wednesday	Term 1 practical Exam	Term 1 practical Exam	Term 1 practical Exam
05-01-24 Friday	Term 1 practical Exam	Term 1 practical Exam	Term 1 practical Exam
08-01-24 Monday	Self study	Ribs	Wall of thorax , Intercostal spaces (D)
10-01-24 Wednesday	Self study	Sternum & mediastinum	Superior & Anterior Mediastinum
12-01-24 Friday	Self study	Thoracic vertebrae	Seminar - Lung
15-01-24 Monday	Self study	Pleura	Seminar - Mediastinum
17-01-24 Wednesday	Self study	Dissection – Leg & Sole	Posterior mediastinum (D)
19-1-24 Friday	Thesis work	Heart	Seminar - Heart
22-1-24 Monday	Thesis work	Living and Radio-anatomy	Face & Scalp (D) - Gen Era Symposium
24-1-24 Wednesday	Thesis work	Norma Verticalis of Skull	Norma Frontalis of Skull
26-1-24 Friday	Republic Day		
29-1-24 Monday	Thesis work	Norma Lateralis	Parotid gland – Dissection
31-01-24 Wednesday	Thesis work	Meet - Thesis update	Journal club - Dr. Agrima

Tuesday, Thursday and Friday - Anatomy days UG timetable will be followed

MBS

[Signature]
10/01/2024

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Dr. S. S. Chakraborty
10/01/24

Dr. Mehra Bhoir
Prof. & Head Dept. of Anatomy
H.B.T. Medical College &
Dr. R. N. Cooper Hospital, Mumbai

DEPARTMENT OF ANATOMY

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February 2024

Day	8.30-10.30 AM	10.30-12.30PM Microteaching	1.30 -4.30 PM
02-02-24 Friday	Self study	Term 1 practical Exam	Parotid gland (D)
05-02-24 Monday	Self study	Norma basalis-I	Posterior triangle of neck (D)
07-02-24 Wednesday	Thesis work	Norma basalis-II	Symposium –General Embryology
09-02-24 Friday	Thesis work	Norma basalis-III	Carotid Triangle (D)
12-02-24 Monday	Thesis work	Temporal & infratemporal fossa	Infratemporal fossa (D)
14-02-24 Wednesday	Thesis work	Maxillary & Mandibular Nerve	Conference presentation
16-02-24 Friday	MAHACON IV		
17-02-24 Saturday	MAHACON IV		
19-02-24 Monday	Holiday		
21-02-24 Wednesday	Self study	Interior of skull-I	Seminar- Deep cervical Fascia
23-02-24 Friday	Self study	Dural venous sinuses	Seminar- Eyeball (Histology & Embryo)
26-02-24 Monday	Self study	Sub occipital triangle & Vertebral Artery	Seminar –1 st , 2 nd & 3 rd Week Development
28-02-24 Wednesday	Self study	Lateral wall of Nose & paranasal sinuses	Journal Club – Dr Raina

- Tuesday, Thursday and Friday - Anatomy days UG timetable will be followed
- 1 postgraduate student posted for District Residency Program

Dr. Mehera Bhoir
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Mehera
2/2/24

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March 2024

Day	8.30-10.30 AM	10.30-12.30PM Microteaching	1.30 -4.30 PM
01-03-24 Friday	Self study	Exam Invigilation duty	Exam Invigilation duty
04-03-24 Monday	Self study	University Practical exam	University Practical exam
05-03-24	Self study	Theory Exam	
06-03-24 Wednesday	Self study	Theory Exam	
07-03-24 Thursday	Self study	Thesis work	Dissection
08-02-24 Friday	Holiday		
11-03-24 Monday	Thesis work	Soft Part Practical	Soft Part Practical
13-03-24 Wednesday	Thesis work	Radiology & Living Anatomy	Soft Part Practical
15-03-24 Friday	Thesis work	Theory Exam	Practical Exam
18-03-24 Monday	Thesis work	Small group Teaching	Dissection
20-03-24 Wednesday	Thesis work	Small group Teaching	Seminar-Embryology - Gametogenesis & Fertilization
22-03-24 Friday	Thesis work	Small group Teaching	Dissection
25-03-24 Monday	Holiday		
27-03-24 Wednesday	Thesis Update	Thesis Update	Seminar- Implantation
29-03-24 Friday	Holiday		

- Tuesday, Thursday and Friday - Anatomy days UG timetable will be followed
- 1 postgraduate student posted for District Residency Program

Dr. Mehera Bhoir
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3/3/24

DEPARTMENT OF ANATOMY
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April 2024

Day	8.30-10.30 am	10.30 am-12.30 pm	1.30-4.30 pm
01-04-24 Monday	Self-study	Microteaching Dr Swapna	Dissection -Abdomen
03-04-24 Wednesday	Self-study	Microteaching Dr Meenakshi	Dissection -Abdomen
05-04-24 Friday	Self-study	Microteaching Dr Nilofer	Histology discussion – Urinary system
08-04-24 Monday	Thesis work	Microteaching DR Mehera	Dissection -Abdomen
10-04-24 Wednesday	Thesis work	Microteaching Dr Neha	Dissection -Abdomen
12-04-24 Friday	Thesis work	Microteaching DR Mehera	Histology discussion – Male reproductive system
15-04-24 Monday	Thesis work	Microteaching Mrs Deepika	Journal club - Dr Namrata
17-04-24 Wednesday	Thesis work	Microteaching Dr Meenakshi	Dissection –Pelvis
19-04-24 Friday	Journal Club – Dr Namrata	Microteaching Dr Nilofer	Histology discussion – Female reproductive system I
22-04-24 Monday	Self-study	Microteaching DR Mehera	Dissection –Pelvis
24-04-24 Wednesday	Self-study	Microteaching Dr Swapna	Symposium – Imaging techniques
26-04-24 Friday	Thesis work	Microteaching Dr Neha	Histology discussion – Female reproductive system II
29-04-24 Monday	Thesis work	Microteaching Mrs Deepika	Seminar- Microscope

- Tuesday, Thursday and Friday - Anatomy days UG timetable will be followed

Dr. Mehera Bhoir
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M. Mehera
14/24

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MAY 2024

Day	8.30-10.30 am	10.30 am-12.30 pm	1.30-4.30 pm
01-05-24 Wednesday	Holiday		
03-05-24 Friday	Self-study	Microteaching Dr Mehra Bhoir	Dissection –Pelvis
06-05-24 Monday	Self-study	Microteaching Dr Swapna	Dissection –Pelvis
08-05-24 Wednesday	Self-study	Microteaching Dr Neha	Seminar- Anthropology and Comparative Anatomy
10-05-24 Friday	Thesis work	Microteaching Dr Meenakshi	Neuroanatomy Prosection
13-05-24 Monday	Thesis work	Microteaching Deepika	Neuroanatomy Prosection
15-05-24 Wednesday	Thesis work	Microteaching Neuroanatomy Dr Nilofer	Neuroanatomy Prosection
16-05-24 Saturday	Thesis work	Self-study	Neuroanatomy Prosection
17-05-24 Friday	Thesis work	Microteaching Neuroanatomy Dr Neha	Journal club Dr Aparna
18-05-24 Saturday	Thesis work	Museum Specimen preparation	Histotechnique Hands on- Deepika
20-05-24 Monday	Thesis work	Microteaching Neuroanatomy Dr Nilofer	Histotechnique Hands on - Deepika
21-05-24 Tuesday	Thesis work	Museum Specimen preparation	Histotechnique Hands on - Deepika
22-05-24 Wednesday	Thesis work	Microteaching Neuroanatomy Dr Meenakshi	Journal club Dr Namrata
23-05-24 Thursday	Holiday		
24-05-24 Friday	Self-study	Microteaching Neuroanatomy Dr Nilofer	Histotechnique Hands on - Deepika
25-05-24 Saturday	Self-study	Self-study	Self-study
27-05-24 Monday	Self-study	Microteaching Neuroanatomy Dr Neha	Journal club Dr Malu
28-05-24 Tuesday	Thesis work	Thesis work	Symposium : Comparative Anatomy and Anthropometry
29-05-24 Wednesday	Self-study	Microteaching Neuroanatomy Dr Nilofer	Neuroanatomy Prosection
30-05-24 Thursday	Self-study	Self-study	Self-study
31-05-24 Friday	Formative assessment Theory		Formative assessment Practical

- Tuesday, Thursday and Friday - Anatomy days UG timetable will be followed
- UG timetable will be followed for microteaching topic
- 1 postgraduate student posted for District Residency Program
- 2 postgraduate student posted for Pathology Department (15th-29th May)

Handwritten signature and date: 2/5/24

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JUNE 2024

Date & Day	8.30-10.30 am	10.30 am-12.30 pm	1.30-4.30 pm
03-06-24 Monday	Self-study	Self-study	
05-06-24 Wednesday	Self-study	Self-study	Revision Schedule
07-06-24 Friday	Thesis work	Thesis work	Revision Schedule
10-06-24 Monday	Formative assessment Theory & Formative assessment Practical		
12-06-24 Wednesday	Thesis work	Self-study	Journal club – Dr Aparna
14-06-24 Friday	Invigilation Duty	Invigilation Duty	Invigilation Duty
14-06-24 Saturday	Invigilation Duty	Invigilation Duty	Invigilation Duty
17-06-24 Monday	Holiday		
19-06-24 Wednesday	Thesis work	Thesis work	Formative Practical Examination
21-06-24 Friday	Thesis work	Thesis work	Journal club Dr Namrata
24-06-24 Monday	Thesis work	Practical exam	Practical exam
25-06-24 Tuesday	Thesis work	Practical exam	Practical exam
26-06-24 Wednesday	Thesis work	Practical exam	Practical exam
27-06-24 Thursday	Thesis work	Practical exam	Practical exam
28-06-24 Friday	Thesis work	Thesis meet	Journal club Dr Mata Aparna

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- UG timetable will be followed for microteaching topic
- 1 postgraduate student posted for District Residency Program

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POST GRADUATE TIME TABLE
July 2024

Date		1.30pm-3.30pm
01/07/24	Monday	HISTO JOURNAL COMPLETION
02/07/24	Tuesday	HISTO JOURNAL COMPLETION
08/07/24	Monday	Journal club By Dr. Namrata
10/07/24	Wednesday	Seminar - Comparative Anatomy
11/07/24	Thursday	Histology Discussion Epithelia Tissue Dr Nilofer
12/07/24	Friday	Histology Discussion - Connective Tissue Dr Neha
14/07/24	Monday	Journal club by Dr. Matu <i>Namrata</i> .
15/07/24	Tuesday	Seminar - Microscope
18/07/24	Thursday	Histology Discussion- Skeletal Tissue: Cartilage Dr Swapna
19/07/24	Friday	Histology Discussion- Bone Dr Meenakshi
22/07/24	Monday	Journal club By Dr.Aparna
24/07/24	Wednesday	Seminar - Tissue Processing
25/07/24	Thursday	Histology Discussion- Muscular Tissue Dr Meh a Bhoir
26/07/24	Friday	Histology Discussion- Lymphatic System Dr Swapna
29/07/24	Monday	Histology Discussion- Blood Vessels Dr Meenakshi
30/07/24	Tuesday	Thesis Update MEET
31/07/24	Wednesday	Seminar - Block making

- 1 postgraduate student posted for District Residency Program

Mehera
 5/7/24

Dr. Mehera Bhoir
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DEPARTMENT OF ANATOMY
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AUGUST 2024

DATE	DAY	1:30pm – 3:30pm
01/08/24	Thursday	Exam Specimen Preparation
02/08/24	Friday	Exam Specimen Preparation
03/08/24	Saturday	Exam Specimen Preparation
05/08/24	Monday	Journal Club – Dr Aparna
07/08/24	Wednesday	Histology Discussion – Cartilage & Skin Seminar: Cartilage, Skin – Dr Aparna Journal Club – Dr Raina
08/08/24	Thursday	Thesis Update
09/08/24	Friday	PG Lecture – Seth GS Medical College
12/08/24	Monday	Histology Discussion – Nervous Tissue Seminar: Nervous Tissue – Dr Raina
14/08/24	Wednesday	Seminar – Embryology (1st to 3rd Week)
17/08/24	Saturday	Discussion – Embryo Models
19/08/24	Monday	Histology + General Anatomy – Bone Seminar : Bone – Dr Aparna
21/08/24	Wednesday	Histology + General Anatomy – Muscle Seminar : Muscle – Dr Raina
22/08/24	Thursday	Exam Specimen Preparation
23/08/24	Friday	PG Lecture – HBTMC & Dr. RNCH
24/08/24	Saturday	Histology + General Anatomy – Lymphatics Seminar : Lymphatics – Dr Aparna
26/08/24	Monday	Seminar – Radiological Investigation
27/08/24	Tuesday	Journal Club – Dr Raina
28/08/24	Wednesday	Exam Preparation
29/08/24	Thursday	Exam Preparation
30/08/24	Friday	Thesis Update – Dr. Raina

- 1 Postgraduate student posted for District Residency Program.
- 1 Postgraduate student Pathology Posting – 2 weeks.
- 1 Postgraduate student Radiology Posting – 2 weeks.

Dr. Mehera Bhoir
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 11/8/24

DEPARTMENT OF ANATOMY
HBTMC & DR. R.N. COOPER HOSPITAL, JUHU
September 2024

DATE	DAY	1:30pm – 3:30pm
02/09/24 to 13/09/24	Monday to Friday	UG University exam preparation and Assistance
13/09/24	Tuesday	Journal Club – Dr Raina
19/08/24	Monday	Journal Club – Dr Aparna
21/09/24	Saturday	Seminar :Histology Discussion – Bone & Lymphoid
24/09/24	Tuesday	Seminar :Histology Discussion – Muscle
27/09/24	Friday	Seminar :Histology Discussion - Nervous tissue
30/09/24	Monday	Seminar :Histology Discussion – Blood Vessels

- 1 Postgraduate student posted for District Residency Program.
- 1 Postgraduate student posted for Radiology Posting – 2 weeks.

M. Mehera Bhoir
3/9/24

Dr. Mehera Bhoir
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DEPARTMENT OF ANATOMY
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OCTOBER 2024

DATE	DAY	1:30pm – 3:30pm
09/10/24	Wednesday	Seminar – Histology of connective tissue
11/10/24	Friday	Seminar – Histology of epithelium I
14/10/24	Monday	Seminar – Histology of epithelium II
16/10/24	Wednesday	Journal Club – Dr Aparna
23/10/24	Wednesday	Journal Club – Dr Raina
30/10/24	Wednesday	Journal Club – Dr Namrata

- 1 Postgraduate student posted for District Residency Program.

THEORY EXAMINATION

DAY	DATE	PAPER	SYLLABUS
Wednesday	23/10/2024	Paper 1	Gross Anatomy, Embryology, Microscopic Anatomy of Human Body above the Diaphragm with Radiological Anatomy & Body Preservation.
Wednesday	13/11/2024	Paper 2	Gross Anatomy, Embryology, Microscopic Anatomy of Human Body below the Diaphragm with General (Embryology & Microscopic) Anatomy.
Wednesday	22/11/2024	Paper 3	Neuroanatomy & Genetics
Wednesday	16/12/2024	Paper 4	Recent advances & applied Anatomy in medical sciences

PRACTICAL EXAMINATION

DAY	DATE
Wednesday	27/12/2024
Friday	29/12/2024

Dr. Mehera Bhoir
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MWB
 26/9/24

DEPARTMENT OF ANATOMY
HBTMC & DR. R.N. COOPER HOSPITAL, JUHU
NOVEMBER 2024

Day	8.30-10.30 am	10.30 am-12.30 pm	1.30-4.30 pm
04/11/24	Self-study	Microteaching Dr Neha	Dissection -upper Limb
08/11/24	Self-study	Microteaching Dr Meenakshi	Dissection upper Limb
11/11/24	Thesis work	Microteaching DR Swapna	Dissection upper Limb
15/11/24	Thesis work	Microteaching DR Mehera	Dissection upper Limb
18/11/24	Thesis work	Microteaching Dr Swapna	Dissection upper Limb
22/11/24	Journal Club – Dr Namrata	Microteaching Dr Nilofer	Dissection upper Limb
25/11/24	Self-study	Microteaching DR Mehera	Seminar - Plastination
29/11/24	Self-study	Thesis Update Meet - All Faculty	Dissection upper Limb

Dr. Mehera Bhoir
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Meha
2/11/24

DEPARTMENT OF ANATOMY

HBTMC & DR. R.N. COOPER HOSPITAL, JUHU

December 2024

Day	10.30 am-12.30 pm	1.30-4.30 pm
02/12/24 Monday	Microteaching Dr Neha	Soft Embalming presentation
04/12/24 Wednesday	Microteaching Dr Meenakshi	Dissection upper Limb <i>Soft Embalming Techniques.</i>
06/12/24 Friday	Microteaching Dr Nilofer	Dissection upper Limb
09/12/24 Monday	Microteaching DR Mehera	Dissection upper Limb
11/12/24 Wednesday	Microteaching Dr Swapna	Dissection upper Limb
13/12/24 Friday	Microteaching Dr Neha	PG lecture – Seth GSMC
16/12/24 Monday	Microteaching Dr Mehera	Theory Paper IV
18/12/24 Wednesday	Thesis Update Meet - All Faculty	Practical exam
20/12/24 Friday	Plastination workshop at MGM, Navi Mumbai	Plastination workshop at MGM, Navi Mumbai
23/12/24 Monday	Microteaching Dr Lower limb	Seminar – Locomotion, normal abnormal gait - Dr Raina
27/12/24 Friday	Microteaching DR Mehera	Seminar-Dematomes of lower limb and upper limb – Dr Namrata
30/12/24 Monday	Microteaching Dr Nilofer	Seminar – vertebral column and applied aspect- Dr Aparna <i>03/01/2025</i>

- Tuesday, Thursday and Friday - Anatomy days UG timetable will be followed
- UG timetable will be followed for microteaching topic

Amal
12/12/24

