

# Department of Community Medicine

Hinduhridaysamrat Balasaheb Thackeray Medical College and  
Dr. R. N. Cooper Municipal General Hospital, Juhu, Mumbai-400056.

## Teaching timetable - First Year MBBS

### Batch 2024

**Batch A:** Roll Nos. 24001 to 24050    **Batch B:** R Nos. 24051 to 24100    **Batch C:** R Nos. 24101 to 24150    **Batch D:** R Nos. 24151 to 24200

**Venue:** Lecture Theatre-1/Demo rooms/Museum of Community Medicine

**Time:** 1:30 p.m. to 4:30 p.m.

Date & Day	Time	Topic	Competency No	TL method	Teacher
10-02-25 Mon	1:30 to 3:00 pm	Concept of Health & Public Health	1.1 & 1.2	L	Dr. Ravindra Kembhavi
	3:00 to 4:30 pm	Epidemiological triad, Multifactorial causation of disease	1.3	L	Dr. Shyamal Kamble
11-02-25 Tues	1:30 to 2:30 pm	Indicators of Health (L)	1.7	L	Dr. Prasad Dhikale
	2:30 to 4:30 pm	Exercise on calculation of health indicators	1.7	SGT	A: Dr. Deepika B: Dr. Milind C: Dr. Akansha D: Dr. Abhishek
12-02-25 Wed	1:30 to 2:30 pm	Natural history of disease & levels of prevention (200) (L)	1.4, 1.5	L	Dr. Smita Chavhan
	2:30 to 4:30 pm	Nutrition and Health: Introduction. Common Nutritional Deficiency Disease – Epidemiology, prevention and control (200) (L)	5.3	L	Dr. Kirti Kinge
13-02-25 Thurs	1:30 pm to 4:30 pm	Batch A-D: Common sources of various nutrients. Demonstration of foods we eat and their nutritive values	5.1	SGT	A: Dr. Subhana B: Dr. Shweta C: Dr. Mayur D: Dr. Sagar
14-02-25 Fri	1:30 pm to 4:30 pm	<b>Batch A-D:</b> Nutritional Assessment at individual level – DOAP Nutritional Assessment at family / Community level – Exercise	5.2	DOAP	A: Dr. Deepika B: Dr. Milind C: Dr. Akansha D: Dr. Abhishek
17-02-25 Mon	1:30 pm to 4:30 pm	Batch A-D: Diet planning at individual level, Family & Community level based on local availability of foods and economic status according to age, sex activity, physiological condition. Food custom in families (OPD) patient / relative	5.4	DOAP	A: Dr. Subhana B: Dr. Shweta C: Dr. Mayur D: Dr. Sagar




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Date & Day	Time	Topic	Competency No	TL method	Teacher
18-02-25 Tues	1:30 to 3:00 pm	Food hygiene and Food adulteration (200) (L)	5.8	L	Dr. Roshni Miranda
	3:00 to 4:30 pm	Food fortification and Food additives (200) (L)	5.8	L	Dr. Sanju Gaikwad
20-02-25 Thurs	1:30 to 3:00 pm	National Nutrition policy	5.6	L	Dr. Kamran Qureshi
	3:00 to 4:30 pm	National Nutrition programme	5.6	L	Dr. Shyamal Kamble
21-02-25 Fri	1:30 pm to 4:30 pm	Nutritional surveillance and rehabilitation with Nutritional Rehabilitation centre – Video	5.5	L	Dr. Antara Soni
24-02-25 Mon	1:30 to 2:30 pm	Health Education, IEC, BCC with their advantages and limitations	4.1 and 1.6	L	Dr. Sanju Gaikwad Mr. Lahu CDO
	2:30 to 4:30 pm	Batch A-D: Evaluation of Health promotion and education Program – Discussion on examples of IEC	4.3	DOAP	A: Dr. Deepika B: Dr. Milind C: Dr. Akansha D: Dr. Abhishek
25-02-25 Tues	1:30 pm to 4:30 pm	Batch A-D: Demographic profile in India. Current national / State level status of health indicators Exercise on calculation of demographic indicators and fertility rates	1.8	SGT	A: Dr. Kamran B: Dr. Sanju C: Dr. Shyamal D: Dr. Antara
27-02-25 Thurs	1:30 to 2:30 pm	Methods of organising health promotion and education and counselling activities at individual, family and community settings	4.2	L	Dr. Deepika
	2:30 to 4:30 pm	Batch A-D: Demonstrate the important aspects of Doctor patient relationship – Role play	1.10	DOAP	A: Dr. Deepika B: Dr. Milind C: Dr. Akansha D: Dr. Abhishek
28-02-25	1:30 to 2:30 pm	Community Diagnosis	17.2	L	Dr. Abhishek
	2:30 to 4:30 pm	Seminar: National Health Policy and SDGs: An overview	17.4	SGT	Dr. Antara Soni

Professional Year I - Lectures: 19 hrs, SGT: 20 hrs (Required= L 20 hrs and SGT 20 hrs)

  
Prof and Head  
Dept. of Community Medicine